

**KVR GOVERNMENT COLLEGE FOR WOMEN (A),
KURNOOL**

Re-Accredited by NAAC with Grade "A"



DEPARTMENT OF HOME SCIENCE

BOARD OF STUDIES MEETING

III-B.SC. HOME SCIENCE SYLLABUS

2021-2022

V SEMESTER SYLLABUS 2021-22

HSC.501.FAMILY DYNAMICS

Theory-5 hours/week

External - 60 marks

Internal - 40 marks

Learning Objective: To orient the students with the changing trends in Marriage and Family.

THEORY

UNIT -I MARRIAGE

- Functions of Marriage.
- Customary practices associated with
- Hindu Marriage, Christian Marriage, Muslim Marriage.

UNIT II-TYPES OF MARRIAGES

- Factors to be considered in the choice of Marriage partner
- Arranged marriage-Advantages and Disadvantages.
- Free choice Marriage-Advantages and Disadvantages.
- Registered Marriage- Need for Registration of Marriages.

UNIT III- FAMILY

- Functions of Family.
- Types of Family. Joint Family –Merits and Demerits.
- Nuclear family-Merits and Demerits.
- Recent trends in Modern Family.
- Stages in Family Life cycle: Handling Demands in various stages of Family life cycle.
- Family in the beginning, Expanding Family, Contracting Family.

UNIT IV – PROBLEMS AND ADJUSTMENTS IN FAMILY LIFE

- Adjustment in marriage, finance, sex, and in-laws.
- Achieving harmony and understanding between each other.
- Problems and adjustment- Inter-caste, Inter –religion, Inter-state.

UNIT V—LEGAL ASPECTS OF MARRIAGE AND FAMILY.

- Laws related to –Marriage, Divorce, Adoption, Property
- Hindu Marriage act.
- Dowry prohibition act.
- Domestic violence act.

ADDITIONAL INPUTS

Counseling:-Educational, Personal, Premarital, marital and Family Counseling.

REFERENCES

1. G.R. Madan, “Indian Social Problems” 2nd Edition 1973, Allied Publishers Pvt. Ltd.
2. A. Ian Clement “Sociological implications in Nursing”, 3rd edition, 2011 Frontline publications.
3. Dr. Kadiyala Jagannadha Sarma “A Text book of Sociology for B.Sc. Nursing”, 1st edition, 2011, Florence Publishers.
4. C.N. Shankar Rao, “Principles of Sociology with an Introduction to Social Thought” 7th edition, 2012, S. Chand & company Ltd.
5. K.P. Neeraja “Text book of sociology for Nursing students”, Jaypee Publications.
6. Premavathy Seetharaman, Sonia Batra & Preeti Mehra “An Introduction to Family Resource Management” 1st edition, 2005, CBS Publishers & Distributors.
7. Premlata Mullick “ Textbook of Home Science ”, 4th edition, 2016, Kalyani Publishers
8. Dr. Parbati Sahu “Marriage and Family Relationship” 1st edition 2009

HSC.502. LIFE SPAN DEVELOPMENT

Theory - 3lec / week

External- 60marks

Practical - 3hrs/week

Internal- 40 marks

Learning objectives:

- To create awareness about development in different stages of life span.
- To understand the influence of sociocultural environment on development.

Theory

Unit 1 Development during Infancy

- Physical and Motor development - patterns of growth & motor skills
- Emergence of emotions and social skills during infancy and babyhood
- Language and cognitive development during infancy

Unit 2 Early Childhood Period – Importance and characteristics

- Physical and Motor Development
- Social and emotional development-characteristics and classification of children's emotion
- Language development and Cognitive development during ECE
- Factors affecting early years of growth and development.

Unit 3 Late Childhood – Importance and characteristics

- Physical and motor development
- Social and emotional development- characteristics and functions of childhood gangs.
- Cognitive development during late childhood period

Unit 4 Adolescence -Meaning, importance and characteristics

- Pubertal changes and effect of early versus late maturation on boys and girls
- Heightened emotionality - causes and effect
- Cognitive development during adolescence
- Stages of Identity development and identity crisis in Adolescence

Unit 5 Adulthood and Old age

- **Adulthood** – Characteristics, different area of adjustments - Vocational, Marital, Parenthood, Singlehood etc.
- **Old age** – Characteristics and various areas of adjustments during old age: Vocational, Adjustment to retirement, Adjustment to loss of spouse, Living arrangement etc.

ADDITIONAL INPUTS: Parenting styles, Moral development and Aberrations in development

PRACTICALS

1. Assessment of growth and development by using anthropometry – preschooler
2. Case study of preschool/ school age children of different age groups
3. Administration and Interpretation of self- esteem scale/ self-concept scale
4. Group discussion on study of adolescent/old age problems
5. Development of resource files on various aspects of human development.

REFERENCES

1. Berk, L. E. (1996). Child Development, New Delhi: Prentice Hall
2. Santrock, J.W. (2007). Life Span Development. Tata McGraw Hill, New Delhi
3. Papalia D.E and Old S.W. 1978, Human Development, McGraw Hill Inc., London.
4. R.P. Devadas & N.Jaya, A text book on Child Development, Macmillan India Ltd.

HSC. 503 TRADITIONAL TEXTILES AND FINISHES

Theory - 3lec / week

External- 60marks

Practical - 3hrs/week

Internal-40 marks

Learning objective: To develop knowledge and skill in finishing of fabrics
To know the importance of Traditional Textiles.

Theory

Unit 1. Fabric finishes – importance, classification, method and use

- Mechanical Finishes- Stentering, Calendaring- Embossing, Moire Effect, Tentoring. Pressing, Ciring, Napping, Glazing, Beetling and Softening
- Chemical- Mercerizing, bleaching, Desizing, Sanforizing.
- Special finishes- Water proof, moth proof, acid and basic finishes.

Unit 2. Dye and Dyeing

- Dyes and their classification – natural and synthetic.
- Types of natural dyes – plant, animal and mineral origin.
- Methods of dyeing- batik and tie and dye
- Direct, basic, acid, vat, reactive, Naphthol, Sulphur, mordant, disperse dyes and pigment.
- Defects in dyeing

Unit3. Printing- Type- hand and machine printing

- Printing techniques - Block, screen, roller, spray, stencil, duplex, discharge, resist, warp, flock, photographic and heat transfer printing.
- Methods of Printing- Flat bed, Roller, Direct, Resist, Discharge printing etc.
- Defects in printing

Unit 4. Traditional Textiles of India

- Embroidery – introduction, types and accessories.
- Indian embroidery stitches
- Traditionally dyed, printed, woven and embroidered textiles present in various states of India – Chanderi, Brocade, Patola, Phulkari, Kashmiri, Baluchari, Kasuti etc.

Unit 5. Laundering- Principles of laundering and laundry equipment

- Reagents or supplies used in laundry – soap, detergent, bleaching agents, laundry blues etc. – their use and application
- Stain removal
- Dry cleaning

PRACTICALS

1. Preparation of samples of the following
2. Tie and dye ,
3. Batik dyeing
4. Stencil printing
5. Block printing
6. Fabric Painting
7. Traditional embroidery
8. Stain removal

References

1. Sushma Gupta, Neeru Garg, Renu Saini- “Text book of Clothing, Textiles and Laundry”, 8th edition, 2018, Kalyani Publishers
2. SeemaSekhari“Textbook of Fabric Science Fundamentals to Finishing”, 3rd edition, 2020,
3. DurgaDeulkar “Household Textiles and Laundry Work”, 1993, Atma Ram & Sons.
4. Charu Swami “Textile Design Theory & Concepts”, 1st edition, 2011, New Age International(P) Ltd. Publishers.
5. Asha Rani Mathur“Woven Wonder – The Tradition of Indian Textiles”, 2002, Rupa& Co.
6. DeepaliRastogi andSheetal Chopra “Textile Science” 1st edition 2017 Orient Black Swan Pvt. Ltd.
7. PremalataMullick “Garment Fabrication and Designing” 1st edition 2019 Kalyani Publishers.

HSC. 504. CONSUMER BEHAVIOUR AND ECONOMICS

Theory-3lec/week

External-60 Marks

Practical-3hrs/week

Internal- 40 Marks

Learning Objectives:

1. To orient the students to the Role, Rights and Responsibilities of consumer.
2. To understand the Money, savings and investment of money

Theory

UNIT-I. Basic terminology, concept and basics of Household Economics .

- Human Wants – Nature and classification.
- Standard of living –Definition, Factors affecting, ways to improve standard of living.

UNIT-II. Family Income.

- Sources and Types of Family income
- Supplementing family income
- Functions of money

UNIT-III. Money management in the Home.

- Budget-Meaning, Advantages of budgeting, Limitations of budget.
- Engel’s law of consumption
- Steps in making budget for a family. Factors affecting the budget
- Account Keeping – Importance and account keeping systems.

UNIT-IV Savings and Investment.

- Definition, Importance of savings .
- Types of savings – Post office, LIC, Unit Trust, Chit funds, Banks etc.
- Investment –Definition, Types, Principles involved in investment.

UNIT-V Importance of Consumer Education- Consumer Rights. Consumer Laws.

- Consumer problems and protection
- Role and responsibilities of homemaker as a consumer.
- Factors affecting purchase and guidelines for wise purchase.

ADDITIONAL INPUT

Finance, Demand and Supply.

Practical

1. Identifying Human Wants – A. Necessaries; B. Comforts; and C. Luxuries
2. Budget plans for different income groups-Low, Middle and High income group
3. Interview of any head of the family and collect information on their saving.
4. Study awareness level of housewife on consumer protection .

References

1. Premavathy Seetharaman, Sonia Batra & Preeti Mehra “An Introduction to Family Resource Management” 1st edition, 2005, CBS Publishers & Distributors.
2. V.K. Dubey “ Extension Education & Communication”, 2009, New Age International Ltd.
3. Premlata Mullick “ Textbook of Home Science ”, 4th edition 2016, Kalyani Publishers
4. M.A. Verghese, M.N. Oagle “Home Management”, 2005, New Age International Publishers.
5. Smt. Subasini Mohapatra “Home Management and Household Economics” 1st edition 2010, Kalyani Publishers.
6. Sushma Gupta, Neeru Garg & Renu Saini “Text book of Family Resource Management, Hygiene and Physiology ”, 11th edition, 2018, Kalyani Publishers.
7. Bela Bhargava “ Family resource Management & Interior Decoration” 1st edition reprint 2016, University Book House Pvt Ltd. Jaipur.
8. Stella Soundara raj “ A Text book of Household Arts” 4th edition, 2009, Orient Black Swan
9. Paulena Nickell, Jean Muir Dorsey “Management in Family Living” 4th edition, CBS publishers and distributors.

HSC.505. FAMILY & COMMUNITY NUTRITION

Theory - 3lec / week

External- 60 marks

Practical – 3hrs/week

Internal-40 marks

Learning objectives:

1. To learn the importance and planning of balanced diet for family
2. To learn about assessment of nutritional status of community

Theory

Unit 1.Meal Planning - explanation of the terms

- Balanced diet- its importance, Four Food groups and its use in planning balanced diet
- Recommended Dietary Allowance for Indians
- Food exchange list- use and importance
- Principles of planning diets, Steps involved in meal planning and dietary guidelines

Unit 2. Maternal nutrition

- Nutrition during pregnancy -Physiological changes and nutritional requirement
- General dietary problems and complications during pregnancy.
- Impact of nutritional deficiency on maternal health and pregnancy outcome.
- Nutritional requirement during Lactation and Role of Hormone in milk production.

Unit 3. Nutritional requirement for Infants, Children and Adolescence

- Nutrition during Infancy- Breast feeding- advantages to infant and mother.
- Weaning and supplementary feeding
- Nutritional requirement and nutrition related problems like PEM, Obesity, Constipation, Tooth decay, Pica, Picky eating and feeding disorders of Preschoolers.
- Nutritional requirement of school children - importance of breakfast and packed lunch.
- Nutritional requirement and eating disorders - Anorexia nervosa, Bulimia nervosa and Binge eating during adolescence.

Unit 4. Nutrition in Adult and Old Age

- Nutritional requirement of Adult – Reference man and women
- ICMR classification of activities based on occupation.
- Nutrition during old age - physiological changes of ageing that influence nutrients requirement. Nutrition related problems of old age like osteoporosis, obesity, anemia, neurological dysfunction, constipation etc. in old age and their management

Unit 5. Community Nutrition

- Assessment of nutritional status of the community- Anthropometry, clinical, biochemical and diet surveys.
- Community health & nutrition programmes- ICDS-Supplementary feeding, Health and nutrition education, Prophylaxis programme, mid-day meal scheme etc.
- National and International organizations involved in Nutritional programme- NIN, ICMR, FAO,WHO, UNICEF, CARE

PRACTICALS:

1. Identifying rich source of nutrients.
2. Use of Exchange lists for calculation of diets.
3. Planning and preparation of a balanced diet for adult man and woman
4. Planning and preparation of a balanced diet for pregnant women and Lactating mother
5. Planning and preparation of a balanced diet for a school age child and Adolescence.
6. Planning and preparation of a balanced diet for elderly
7. Nutritional Assessment through Anthropometry

REFERENCES

- 1.Srilakahsmi, B., Dietetics, New Age International (P) Ltd., 6th edition, 2012;
- 2.SubhanginiA.Joshi, Nutrition and Dietetics 2015, Tata McGraw Hills Publishing Company.
- 3.Raheena Begum, Textbook of Food, Nutrition and Dietetics, Sterling publisher Pvt. Ltd.

HSC 506. HOME SCIENCE EXTENSION EDUCATION

Theory- 3 lec / week

External- 60 marks

Practical - 3 hrs/week

Internal- 40 marks

Learning objectives:

1. To understand the concept of extension and communication and its relevance for self & national development.
2. To know the role of Home Science extension in community development.

Theory

Unit-I Extension Education – Meaning, Definition and Scope

- Home Science Extension – Characteristics, Principles, Needs and Objectives
- Role and qualities of an extension worker

Unit-II Teaching and Learning Process – Characteristics of learning, Elements of learning situation.

- Steps in Extension teaching and learning process,
- Phases in Extension education process,
- Principles of Extension teaching
- Difference between formal and informal education

Unit-III Extension Teaching Methods – Classification of Extension Teaching Methods

- Description of Teaching Methods. -
 - a. Individual Contacts-Farm & Home Visits, Office calls, Telephone Calls & Personal Letters.
 - b. Group Contacts- Method & result demonstration, Group Discussions, Panel Discussions, Brain Storming, Quiz, Debate, Conference, Seminars, Work Shops, Symposium. Field Trips,
 - c. Mass Contacts- Print media, Leaflets, Posters, Radio, television, Internet based Media, Exhibitions, Campaign.
- Factors affecting selection and use of Extension teaching methods

Unit-IV Teaching aids – Audio - Visual aids, Cone of Experience

- Classification of Audio - Visual aids, Audio Aids - Radio, Recordings, Tape Recorder, Model Mockups. Visual Aids :Black Board, Bulletin Board, Flannel graph, Flash Card, Posters, Charts, Puppet show,
- Extension Methods and Audio - visual aids

Unit-V Communication – Concept, Elements and functions of Communication

- Principles of effective communication
- Barriers to Communication

PRACTICALS

1. Lecture cum Demonstration of recipe/ teach a craft etc.
2. Preparation of Teaching aids and display of Visuals and Exhibits -charts, posters, flash cards etc.
3. Putting up a display – A. Bulletin Board, B. Exhibition
4. Preparation of Resource file on different extension programme.

REFERENCES

1. S.V. Supe “An introduction to extension education” 1983, Oxford & IBH Pub. Co. New Delhi.
2. O.P Dahamma “Extension and Rural welfare” 1981. Ram Prasad & Sons, Agra Bhopal.
3. Dr. A. Adivi Reddy “Extensional Education”, Sreelakshmi press, Bapla.
4. Sereneshekhar (Gate), Santosh Ahlawt “Text Book Of Home Science extension education”, 2013, Daya Publishing House.
5. V.K. Dubey “Extension Education & Communication”, 2009, New Age International Ltd.

HSC. 601. THERAPEUTIC NUTRITION

Theory – 3lec / week

External- 60 marks

Practical - 3hrs/week

Internal- 40 marks

Learning objectives:

1. To learn therapeutic management of various diseases
2. To understand need and importance of diet counseling and role of a Dietitian

Theory

Unit 1: Diet therapy and nutrition care process

- Principles, purpose and significance of therapeutic diet.
- Dietitian- classification, code of ethics and responsibilities
- Diet counseling and Nutrition Education - importance
- Indian Dietetic Association (IDA)- history, objectives and membership

Unit 2: Therapeutic diets

- Types of diets- clear fluid, full fluid, soft and regular normal diet
- Pre and postoperative diets
- Methods of Feeding – Enteral and Parenteral nutrition

Unit 3: Diet in Under and Over Nutrition

- Diet in Nutritional deficiency – PEM, Anaemia
- Under weight- causes, symptoms, dietary management
- Over weight and obesity- causes, symptoms, dietary management

Unit 4: Dietary management of common disorders-

- Diet in Fevers – causes, types and general dietary modifications
- Stomach and Intestine disorders -Dietary management in diarrhea, constipation and peptic ulcer
- Dietary management in liver diseases- Infective hepatitis, Cirrhosis of Liver & jaundice.

Unit 5: Dietary management of metabolic disorders

- Cardio-Vascular diseases- Dietary management of Atherosclerosis and Hypertension.
- Role of fat in dietary management.
- Kidney diseases – Diet during Glomerulonephritis and stone formation
- Diabetes Mellitus- Classification, Causes, Tests, and Diet Therapy
- Cancer – Nutritional problems of cancer therapy and Dietary management

Additional Input: Modifications of Nutrients in Therapeutic Diets

PRACTICALS

1. Modification of normal diet.
2. Planning and preparation of diets for the following conditions:
 - Diet in nutrient deficiency
 - Diet for under nutrition and obese.
 - Diet in fever,
 - Diet in Diarrhea and constipation and peptic ulcers
 - Diet in Hypertension
 - Diet in Diabetes
3. Visit to Dietary Department

REFERENCES

1. Srilakshmi, B. Dietetics. New Age international publishers, New Delhi.
2. Bamji M. S, PrahladRao N. & Vinodireddy (2003). Text book of Human Nutrition, Oxford & IBH Publishing Co. Pvt. Ltd., New Delhi.
3. Michael C Latham, Human Nutrition in the Developing World. Ithaca, New york, USA

HSC.602. FASHION DESIGN AND MERCHANDISE

Theory- 3 lec/week

External - 60 marks

Practical- 3 hrs/week

Internal - 40 marks

Learning Objectives-

1. To enlighten the students about the importance of Fashion and to learn the skill.
2. To create the awareness about the consumer buying and labeling in Textiles.

THEORY

UNIT 1: INTRODUCTION TO FASHION DESIGN- Fashion terminology

- Factors influencing fashion
- Fashion cycles
- Fashion adoption theories

UNIT 2: AESTHETIC IN DRESS

- Elements of design: Line, form, texture, and colour
- Principles of design: line, harmony, Balance, Rhythm Emphasis and proportion
- Croqui - Fashion Figures and poses, role of fashion in dresses.

UNIT 3: MERCHANDISING PRACTICES – meaning, concepts

- Principles and Factors influencing merchandising practices.
- Role and responsibility of the merchandiser.

UNIT 4: CONSUMER BUYING

- Budget
- Advertising and Labeling
- Standards

UNIT 5: CARE & STORAGE OF CLOTHING.

- Readymade Garments: Advantages & Disadvantages
- Handmade garment: Advantages & Disadvantages
- Tailor made garments: Advantages & disadvantages
- Care of different fabrics –cotton, woolen, silk & synthetics
- Consideration for storing clothes and dry clothing

PRACTICALS

1. Sunlight test for colour fastness
2. Croqui, Drawings and Figures.
3. Drafting and construction of salwar and kameez
4. Drafting and construction of a house coat (nighty)
5. Drafting and construction of blouse.
6. Visit to Textile Industry.

REFERENCES

1. Sushma Gupta, Neeru Garg, Renu Saini- “Text book of Clothing, Textiles and Laundry”, 8th edition, 2018, Kalyani Publishers
2. Seema Sekhari “Textbook of Fabric Science Fundamentals to Finishing”, 3rd edition, 2020,
3. Pooja Khurana & Monika Sethi “Introduction to Fashion Technology”, 2nd edition, Fire Well Media.
4. Charu Swami “Textile Design Theory & Concepts”, 1st edition, 2011, New Age International(P) Ltd. Publishers.
5. Sumathi, G.J. “Elements of Fashion & Apparel Design” 1st edition, 2002, New Age International(P) Ltd. Publishers.
6. Asha Rani Mathur “Woven Wonder – The Tradition of Indian Textiles”, 2002, Rupa & Co.
7. Deepali Rastogi and Sheetal Chopra “Textile Science” 1st edition 2017 Orient Black Swan Pvt. Ltd. 8. Premalata Mullick “Garment Fabrication and Designing” 1st edition 2019 Kalyani Publishers.
9. Biswal Gayatri, & Lenka, C. “Fashion Technology” 1st edition. 2018, Kalyani Publishers.

MODULE- HSC 603.RESOURCE MANAGEMENT

Theory - 3 lec / week

External- 60 marks

Practical - 3 hrs/week

Internal- 40 marks

Learning Outcomes:

- To inculcate skills in identifying, creating, selecting and using available resources judiciously with emphasis on maximization and conservation.
- To understand the scientific application of the process of management in the effective use of resources.

Theory

Unit I Home Management – Definition and meaning

- Steps in Home management process: Planning, Controlling and Evaluation - their importance
- Misconceptions in understanding Home Management
- Qualities of good manager (home maker)

Unit II Approaches to Family Resource management

- Values – Meaning, importance and types of values
- Goals – Types and characteristics of goals
- Standards - Classification and factors affecting standard

Unit III Decision Making – importance, types, steps, method of resolving conflicts

- Planning – nature, characteristics, importance
- Organizing; Coordinating, Supervising, directing and guiding;
- Controlling- characteristics for effective control
- Evaluation – meaning, importance and methods

Unit IV Resources: Classification and characteristics

- Factors affecting the management of resources
- Guidelines for the use of resources
- Application of management process to all resources

Unit V Time & Energy Management: Nature and significance

- Tools in time management – peak loads, work curves.
- Fatigue – Meaning, types and methods of avoiding fatigue
- Work Simplification – Meaning, principles and techniques, motion mindedness

ADDITIONAL INPUTS

Management of Family Resources in different walks of life.

PRACTICALS

1. Listing of human and non human resources
2. Identifying individual and group decisions
3. Identifying short term, long term goals of a family.
4. Maintenance of time record for 3 consecutive days and presentation of consolidated information
5. Preparation of time plans for Students, House wife, Working woman on a working day and holiday

REFERENCES

1. Premalata Mullick “ Textbook of Home Science ”, 4th edition 2016, Kalyani Publishers
2. M.A. Verghese, M.N. Oagle “ Home Management ”, 2005, New Age International Publishers.
3. Smt. Subasini Mohapatra “Home Management and Household Economics ”, 1st edition 2010, Kalyani Pub.
4. Sushma Gupta, Neeru Garg & Renu Saini “ Text book of Family Resource Management, Hygiene and Physiology ”, 11th edition, 2018, Kalyani Publishers.
5. Bela Bhargava “ Family resource Management & Interior Decoration” 1st edition reprint 2016, University Book House Pvt Ltd. Jaipur.
6. Stella Soundara raj “ A Text book of Household Arts” 4th edition, 2009, Orient Black Swan
7. Mann, M.K. “Home Management for Indian families” 2nd edition 2004, Kalyani Publishers.
8. Premavathy Seetharaman, Sonia Batra & Preeti Mehra “An Introduction to Family Resource Management” 1st edition, 2005, CBS Publishers & Distributors.
9. Paulena Nickell, Jean Muir Dorsey “Management in Family Living” 4th edition, CBS publishers and distributors.

Elective I. HSC.604. A. EARLY CHILDHOOD EDUCATION

Theory - 3lec / week

External- 60marks

Practical -3hrs/week

Internal- 40 marks

Learning objectives

1. To learn the importance of early childhood education and requirement of an ECE center.
2. To learn about contribution of philosophers, planning and implementation of curriculum to bring out all round development in children

Theory

Unit-I Need and importance of preschool education

- Objectives of preschool education.
- Physical set up of a preschool- building, space, site plan, indoor and outdoor equipment.
- Records and reports maintained in a preschool
- Staff and personnel- teacher, assistant etc.
- Qualities of preschool teacher

Unit-II Contributions of Indian and Western Philosophers to ECE

- M. K. Gandhi, Rabindranath Tagore, Jiddu Krishnamurthy and Tarabai Modak.
- McMillan sisters, Maria Montessori, Fredrick Froebel and John Dewey
- Types of preschools-Nursery, Kindergarten, Montessori, Anganwadi, Balwadi and Creches etc.

Unit-III Curriculum for the preschool- Characteristics of curriculum planning:

- Types of preschool curriculum-long term, short term, weekly and daily planning.
- Steps in curriculum planning.
- Theme plan- model of a day's programme- activity plan, lesson plan- importance of each activity (prayer, medical check-up, outdoor and indoor play, snack, rest, story, rhyme and creative activity)
- Factors influencing Curriculum Planning,

Unit-IV Play way methods-

- Types of play activities for preschool children- free, constructive and dramatic play, sand and water play, story-telling, games etc.
- Advantages of play way method- physical, developmental, intellectual, social, emotional and educational values.
- Selection and care of play equipment for preschoolers

Unit-V Parental participation in the ECE programme- Need and Importance

- Methods of eliciting parent and community participation
- Method to organize Parent Teacher meeting

Additional Inputs: Problem faced by Beginner teacher

Developmentally Appropriate Program (DAP) for children

PRACTICAL

1. Observation and recording of all round development of a preschool child
2. Observation of preschool teacher
3. Observational visit to Early Childhood Centers- Anganwadi/ other schools
4. Planning activities using thematic approach for all round development of the child
5. Preparation of Teaching Learning materials
6. Preparation of Creative Art Activity file
7. Participation in preschool
8. Preparation of resource file

REFERENCES

1. Jagannath Mohanthy and Bhagyadhar Mohanthy, 2000, " Early Childhood Care and Education", Deep & Deep Publications Pvt. Ltd., New Delhi.
2. J. S. Grewal, 1984, "ECE, foundations and Practice", NPC, Agra.

MODULE ELECTIVE –I H.SC 604 (B). SOCIOLOGY

Theory -5 lec /week

External: 60 marks

Internal: 40 marks

Learning Out comes

1. To enlighten students about the needs and importance of Sociology.
2. To know about the constitutional provision

Theory

UNIT I. Sociology- Definition, nature and importance, its relation to other social sciences, sociology and history, sociology and economics, sociology and social psychology, sociology and political science, sociology and anthropology.

- Society – Definition, nature and characteristics.
- Culture – Definition, nature, functions and evolution of culture.

UNIT-II Socialization – Definition, factors of socialization, types, agents, agencies, stages of socialization.

- Social process – Meaning, classification and social process.

UNIT –III Social groups – Definition, classification and characteristics of social groups –

- Primary & secondary groups, formal and non-formal groups and in & out groups

UNIT– IV Communities in India:

- Village Community – Definition, features, characteristics of Indian villages, changes in Indian rural life
- Urban Community – Definition, features of urban community, factors contributing to growth of cities and major problems in cities

UNIT – V Women empowerment – Concept, Need

- Home Science education as Empowerment
- Constitution of legislation in support of women: Awareness of women regarding their rights.
- Strategies for protection of women rights and rehabilitation of women
- Rights and Protection of women by Constitution of India.

Additional Inputs:

Indian Women Empowerment in different walks of life: Indira Gandhi, Jhansi ki Rani, Medha Patkar, Kiran Bedi, Vijayalakshmi Pandit, Sudha Chandran, Anutai Wagh, Ela Bhat, Bhavani Devi.

REFERENCES

- 1 R.M Sharma. “Principles of Sociology” Media promoters & Publishers Pvt Ltd, Bombay 1982.
- 2 VidyaBhushan, Sachdeva, “Introduction to Sociology” Kitab Mahal, Allahabad..
3. G.R.Madan, “Indian Social Problems” Second Edition, Allied Publishers Pvt Ltd. 1973
4. Vidyabhushan “Text book of Sociology”
- 5 . K.Singh “Urban Sociology” Prakash and Kendra-Sivapur Road, Kanpur.
- 6 Smt . Rajeswari, “Samajasastram” , Telugu Academy Text book.
7. A. Ian Clement “Sociological Implications in Nursing “, 3rd Edition, 2011, Frontline Publications.
8. Dr. Kadiyala Jagannadha Sarma “A Text book of Sociology for B.Sc Nursing”, 1st Edition, 2011, Florescence Publishers.
9. C.N...Shankar Rao “Principles of Sociology with an introduction to Social Thought” 7th Edition , 2012, S.Chand & Company Ltd.
- 10 K.P.Neeraja, “Text book of Sociology for Nursing Students” , Jaypee Publications.
11. Hick, H (1980) “ Towards better teaching of Home Economics, New York, Mac Millan, Pub.Co.
- 12 Chandra AA Shah & Joshi (1989) “Fundamentals of Teaching Home Science, New Delhi, Sterling Publishers.Pvt. Ltd.
- 13 Hatcher, J.M& Halchin .C (1973) “ The teaching of Home Economics, Boston”Houghton Mifflin co.
- 14 Jandhyala .B.G.Tilak , Women’s education and development , Gyan Publishing House , New Delhi, 2007.
15. Mic . Reddapareddy & P.Adinayanareddy . Education and Women Empowerment , The Associated Publishers . New Delhi 2007.
16. Lakshmidhar Chowdhary, Women and the Law, A Mittal Publications, New Delhi, 2007.

ELECTIVE-I HSC. 604 C. COMMUNITY DEVELOPMENT

Theory - 3 lec / week
Practical - 3hrs/week

External- 60marks
Internal-40 marks

Learning objective: To create awareness about community living and plan developmental Programmes

Theory

Unit-I Community Development – Definition and Nature

- Areas of activities under Community Development
- Principles of Community Development

Unit-II Leadership – Qualities and role of leader, classification of leaders,

- Types of leadership, methods to identify leaders,
- Leadership styles, methods of training leaders for social mobilization

Unit-III Program Planning & Evaluation

- Objectives and Principles of Program Planning in Extension
- Methods to find out felt and unfelt needs of the community
- Steps in Program Planning
- Evaluation – Definition, steps in evaluation process, SWOT analysis

Unit-IV Diffusion & Adoption

- Diffusion – Elements of diffusion, Characteristics of innovations
- Adoption – Stages of adoption of innovation, Adopter categories
- Participatory Rural Appraisal(PRA) – Principles, Techniques & Methods and Importance of PRA

Unit-V. Development Programs in India

- Community Development Program, NES - National Extension Service, NDP – National Demonstration Program, T & V System, DWCRA, KVK, ICDS, IRDP, TRYSEM, NREGA, Youth Clubs, Balika Samridhi Yojana

PRACTICALS

1. Plan an activity to create awareness among women and children of community surveyed according to their needs and interest

A. Lecture cum group discussion

B. Method demonstration

2. Execute program in the community surveyed and evaluate performance

3. Community development- group project at the end of the year

4. Visit to a community/ village to find out the socio economic needs of the people

5. Preparation and display of teaching aids, posters, charts, flash cards

6. Display of bulletin board

7. Visit to the Mandal office

REFERENCES

1. A guide book for anganwadi workers. Published by department of W&CD, MHRD, GOI.
2. Ramala M. Basamusa Hema Subramanyam “Assistance for women’s development from national agencies – Empolyment programmes”
3. O.P. Dahamma “Extension and Rural welfare”, 1981. Ram Prasad and Sons Agra Bhopal.
4. M. Indhubala “Gruhavignasastravistarana” Telugu academy text book publications -1997.
5. Dr. A. Adivi Reddy, “Extension Education”, Sreelakshmi press, Bapla,
6. V.K. Dubey “Extension Education & Communication”, 2009, New Age International Ltd.
7. Sereneshekar(Gate), Santosh Ahlawt “Text Book of Home Science Extension Education”,2013, Daya Publishing House.

CHOICE BASED CREDIT SYSTEM FOR I& II SEMESTERS

CBCS (Choice Based Credit System) has been introduced according to UGC guidelines which ensure curricular flexibility & learner's mobility. Credits are weightage given to a course in relation to the instructional hours assigned to it per week. It defines the quantum of syllabus prescribed for the course.

- 3 Hrs. Course per week is assigned 2 credits per Semester.
- 4 Hrs. Course per week is assigned 3 Credits per Semester.

CREDIT PATTERN FOR V SEMESTER

S#	Course	Total Marks	Internal	External	Teaching Hours	credits
1	DSC 1 Paper-5 (Core) Family Dynamics	100	40	60	4	3
2	DSC 2 Paper-5 (Core)- Life span Development	100	40	60	3	3
3	DSC 2 Lab Practical - Life span development	50	0	50	3	2
4	DSC 3 Paper-5 (Core) –Traditional Textiles & Finishes	100	40	60	3	3
5	DSC 3 Lab Practical - Traditional Textiles & Finishes	50	0	50	3	2
6	DSC 1 Paper-6 (Core) Consumer Behaviour & Economics	100	40	60	3	3
7	DSC 1 Lab Practical Consumer Behaviour & Economics	50	0	50	3	2
8	DSC 2- Family & Community Nutrition	100	40	60	3	3
9	DSC 2 Lab Practical - Family & Community nutrition	50	0	50	3	2
10	DSC 3 Paper-6 (Core) Home Science Extension	100	40	60	3	3
11	DSC 3 Lab Practical - Home Science extension	50	0	50	3	2
Total		850	240	610	34	28

CREDIT PATTERN FOR VI SEMESTER

S#	Course (Core) (Applied/Advanced)	Total marks	Internal	External	Teaching hours	credit
1	DSC 1 Therapeutic Nutrition	100	40	60	3	3
2	DSC 1 Lab Practical Therapeutic Nutrition	50	0	50	3	2
3	DSC 2 Fashion Design & Merchandise	100	40	60	3	3
4	DSC 2 Lab Practical -Fashion Design & Merchandise	50	0	50	3	2
5	DSC 3 Resource Management	100	40	60	3	3
6	DSC 3 Lab Practical Resource Management	50	0	50	3	2
7	DSE 1 Early childhood Education	100	40	60	3	3
8	DSE 1 Lab Practical Early childhood Education	50	0	50	3	2
9	DSE 2 Sociology	100	40	60	4	3
10	DSE 3 Community Development	100	40	60	3	3
11	DSE 3 Lab Practical Community Development	50	0	50	3	2
Total		850	240	610	34	28
Grand Total						56

